



NEWHOPE
A C A D E M Y

Where bright students shine!



Note from the Director

When your child is struggling in school and at home, it affects everyone. Parents will often express that their family is in a state of crisis and they are looking for an environment where their student can work up to their academic potential and feel supported and nurtured. They are looking for hope.

We know this time can be difficult and it may be hard to see past the crisis. NewHope can help your child and your family feel hopeful for the future again.

ADMINISTRATIVE STAFF

NewHope Academy - 847.588.0463

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Principal, Bethany Arteaga (bethany.arteaga@sesischools.com)

West Clinical Director, Dr. Bonnie Turek (bonnie.turek@sesischools.com)

East Clinical Director, Dr. Megan Hammer (megan.hammer@sesischools.com)

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NEWHOPE
A C A D E M Y

WEST CAMPUS




NEWHOPE
A C A D E M Y

EAST CAMPUS

Our Students

6th-12th Grade

Tend to:

- Be of average to above-average intelligence
- Withdraw socially and emotionally
- Experience difficulty “fitting in” a mainstream environment
- Have difficulty reading social cues
- “Slip through the cracks” until their problems are severe
- Procrastinate (specifically with homework and long-term projects)
- Have difficulty with executive functioning
- Have talents in art and music
- Have the potential for academic achievement
- Struggle with gross and/or fine motor skills
- Have difficulty with social skills
- Use frequent illness to avoid school and may become “school avoidant”
- Appear sad, lonely, anxious, hopeless, or depressed
- Harbor anger and hostility but do not act out in school or in the community

Our Mission

NewHope Academy’s mission is to provide students with a safe, therapeutic, and educational environment where they develop skills to become effective learners, gain personal insight, and acquire coping strategies. Students earn school credit while working to achieve their intellectual and social-emotional potential.

Things to Know

When accepting placement at NewHope Academy, the following are important things to know:

- Family therapy is part of our program. Students are provided individual, group, and family therapy. Family therapy will occur weekly for the first 10 sessions and continues monthly thereafter.
- Although NewHope students typically do not exhibit external or aggressive behaviors, there are times when a student may become emotionally dysregulated and behave in ways that endanger themselves or others. In order to support students when they are dysregulated, all NewHope staff are required to successfully pass an annual training course facilitated by a certified instructor and attend regularly scheduled refresher courses throughout the year.

The training program is to ensure that all crisis situations are handled in the safest manner possible for all involved. Pursuant to Section 10-20.33 of the School Code, our staff will only implement these procedures when a student poses a physical risk to themselves or others; there is no medical contraindication of its use; and staff performing the restraint have been trained in methods supported by the Crisis Prevention Institute (CPI) and the International Association of Nonviolent Crisis Intervention Certified Instructors (IANCICI).

- NewHope runs an extended school year (ESY). ESY is 28 days long from June and through part of July. The hours are 8:15 a.m. – 1:00 p.m. Monday through Thursday and 9:00 a.m. – 1:00 p.m. on Friday. Students attend ESY to maintain social/emotional growth, academic progress, and for continued structure and routine, which are extremely important.

Reintegration

New students or families ask the question, “How long will I be enrolled at NewHope?” The length of time in our program depends upon student progress and circumstances. While all students who attend NewHope receive their diplomas from their home schools, each student’s path is different. Some students reintegrate full time to their home school, some attend partial days at NewHope and the home school, while others remain full time at NewHope to complete their graduation requirements.

The focus of our educational/treatment program is to increase students’ abilities to cope with the demands of a mainstream school environment. These acquired skills will help students succeed whether they return to the home school, go on to college, or into the job market.

Readiness for integration is a team-based decision consisting of the student, parents, the school district, and the NewHope staff. The student is provided with a checklist of expectations they must consistently meet for at least a semester to be considered for reintegration. Particular issues are addressed by the goals written in the students Individualized Education Plan (IEP).

Reintegration Process:

- Step 1: Student discusses desire to reintegrate with parent/guardian.
- Step 2: Student discusses desire to reintegrate during family therapy and determine as a team where the student is on the reintegration model.
- Step 3: Student talks to their case manager.
- Step 4: Student asks their case manager and therapist to express their desire to reintegrate in the weekly staff meeting.
- Step 5: An IEP meeting is scheduled with the home school and if agreed on by the team, the student is enrolled in one or two courses at their home school. Reintegration is slowly increased as a student maintains academic, therapeutic, and functional performance in both placements.

Quick Facts

West Campus

Grades	6th through post high school
Ages	11 to 21 years
Total Students	95 maximum
Staff/Student Ratio	1:5 or 1:10 with paraprofessional
Primary Disabilities	Emotional Disability (ED) Autism (AUT) Other Health Impairments (OHI) Specific Learning Disability (SLD)
School Hours	8:15 to 2:30 Monday through Thursday 9:00 to 2:30 Friday
Summer Hours	8:15 to 1:00 Monday through Thursday 9:00 to 1:00 Friday
Cognitive Ability	Average to superior range
Tuition	Funded by each student's public school district or private pay

Profile

6th-12th



West Campus has been serving students since September 2000 providing them with both a challenging academic and therapeutic environment. Since its inception, hundreds of students have utilized our program; many of them returning to their home school full time and achieving success in college, work, and beyond.

Quick Facts

East Campus

Grades	9th-12th
Ages	12 to 19 years (currently offering high school)
Total Students	35 maximum
Staff/Student Ratio	1:5
Primary Disabilities	Emotional Disability (ED) Autism (AUT) Other Health Impairments (OHI) Specific Learning Disability (SLD)
School Hours	8:15 to 2:30 Monday through Thursday 9:00 to 2:30 Friday
Summer Hours	8:15 to 1:00 Monday through Thursday 9:00 to 1:00 Friday
Cognitive Ability	Average to superior range
Tuition	Funded by each student's public school district or private pay

Profile

9th-12th

East Campus has been serving students since June 2018 providing them with both a challenging academic and therapeutic environment. Students at East Campus benefit from an environment with fewer students, individual student-to-staff learning support, and more flexibility during their day to offer therapeutic support.





**Bridging the Gap
Beyond High School**

EOS Participants

Not sure what your high school senior's next step will be?

Does your student tend to:

- Lack direction regarding their future but once provided with the necessary tools, have the capacity for independence
- Have difficulty identifying future goals
- Struggle with building blocks of independent living (laundry, cooking, cleaning, personal hygiene)
- Struggle with finding and/or maintaining employment
- Struggle with self-advocacy
- Struggle with navigating the community
- Have difficulty with executive functioning and time management
- Have difficulty developing and maintaining appropriate social relationships
- Have low self-confidence in their abilities
- Have low motivation to complete daily routines
- Have difficulty adjusting to new situations and experiences
- Appear sad, lonely, anxious, hopeless, or depressed
- Withdraw socially and emotionally

EOS can provide transition services to help bridge the gap to:

- College
- Career
- Independence

Profile

Post High School

NewHope Academy offers the NewHope Extension of Services Program (EOS) for participants ages 17 to 22 years old. This day program runs at our Arlington Heights location and helps to bridge the gap from high school to college/career success.

Our team assists students in living independently, working productively, and navigating college/career life successfully while also utilizing the available resources in their community.

Guided support is provided throughout enrollment and student plans are individualized. Time is spent getting to know the student's current strengths and challenges to develop solutions and strategies to achieve a successful and satisfying adult life.



Students work individually and in groups with an academic mentor to solidify an educational or vocational course of study and monitor progress in classes. They also work with a social worker to implement a therapeutic course of action and monitor social and emotional progress.

Quick Facts

Extension of Services (EOS)

Location	Arlington Heights West Campus
Ages	17-22 years old
Total Students	10-12 maximum
Staff/Student Ratio	2:12
Student Profile	Emotional Disability (ED) Autism (AUT) Other Health Impairments (OHI) Specific Learning Disability (SLD)
School Hours	9:00 to 2:00
Summer Hours	8:15 to 1:00 Monday through Thursday 9:00 to 1:00 Friday
Tuition	Funded by each student's public school district or private pay

Our Mission

Our mission is to provide young adults with a variety of experiences learning about the world around them in a more meaningful way through academic advising, real life experience and coaching, along with social emotional support, to develop skills that are critical to a successful and satisfying adult life.

Program Focus

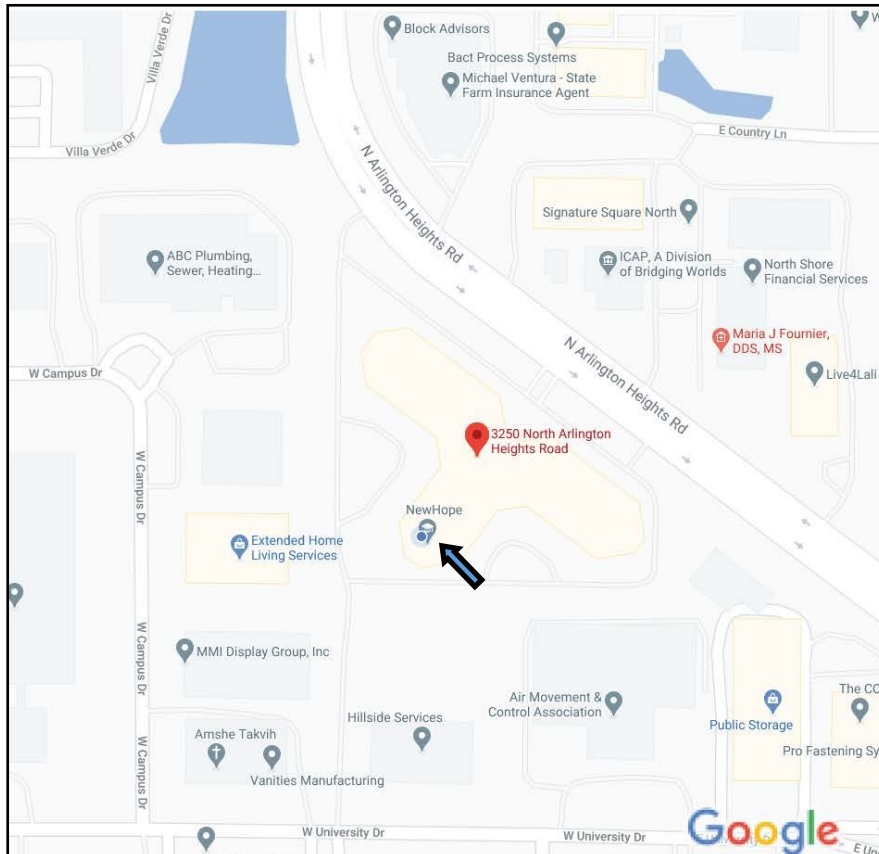
Our program is designed to guide young adults in developing skills that are critical to a successful and satisfying adult life. Staff coordinate with local community colleges and outside professionals to develop an all-inclusive approach to effect positive change, provide authentic social experiences, and to foster success.

INDIVIDUALIZED SERVICES INCLUDE:

- Life, Career, and Education Coaching
- Mentoring
- Advocacy Skills
- Tutoring
- Recreation/Leisure
- Independent Living Skills
- Building Community Connections
- Therapy

SUPPORTS MAY INCLUDE BUT ARE NOT LIMITED TO:

- Goal Planning
- Academic Advising
- School Orientation
- Progress Monitoring
- Executive Functioning
- Time Management Skills
- Prioritizing Responsibilities
- Advocacy Training
- Critical Thinking
- Vocational Services
- Campus Life
- Study Skills
- Accessing Accommodations under American Disabilities Act (ADA)
- Career Exploration/Employment
- Test Taking Skills



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The building is located south of Dundee Road on the west side of Arlington Heights Road. The entrance to the suite is on the southwest corner of the building and is strictly for NewHope. The school is not accessible from the center doors.