



FREE GRIEF GROUPS AND SERVICES FOR FAMILIES

WHEN

Groups offered from September through May.

WHERE

Groups or other services may be in-person or virtual via Zoom.

SIGN UP!

Call our [Philly HopeLine](https://www.phillyhope.org) to enroll:
1-833-PHL-HOPE (1-833-745-4673)

Mondays-Thursdays 10 a.m. - 8 p.m.
and Fridays 1 - 4 p.m.

HopeLine closed weekends and holidays.
Translation service available.

THINGS TO KNOW

- Groups meet weekly
- Youth 14+ years old do not require parental permission
- Services are available to all, regardless of immigration status.
(Servicios para todos sin importar estatus migratorio)

GROUPS FOR CHILDREN IN GRADES K-12 AND THEIR CAREGIVERS

School-Based Groups

For students in K-12th grades during school hours for participating schools in Philadelphia.

Evening Groups

- Young Children grades K-2nd with their Caregivers
- Older Children grades 3rd-5th
- Younger Teens grades 6th-8th
- Older Teens grades 9th-12th
- Caregivers (adults only)

Specialty Services

- Grupos en Español para Familias
Groups In Spanish for Families
- LGBTQIA+ Youths Grief & Loss Groups and Drop-Ins
- **Free To Be Me with You Groups:**
For youth ages 11-13 years old with a trusted adult
- **Queer & Trans Grief & Loss Groups:**
For youth 14-18 years old
- Resilient Parenting for Bereaved Families
For adults who are raising children whose caregivers have died (10 weeks for 1.5 hours per week)

[Check our website for additional drop-ins and events throughout the year.](https://www.phillyhope.org)
[Para Español, visite nuestra página web aquí.](https://www.phillyhope.org)

For grief support, to sign up for grief groups, and for resources,
call the [Philly HopeLine: 1-833-PHL-HOPE \(1-833-745-4673\)](https://www.phillyhope.org)

www.UpliftPhilly.org