

Health and Safety Plan for Schools During the Covid-19 Pandemic

Each Specialized Education Services, Inc., (SESI) school or program must create a Health and Safety Plan which will serve as a guide for each school's safe operation during the Covid-19 pandemic. As with all emergency plans, SESI's Health and Safety Plans are tailored to the unique needs of each school or program and are created in consultation with materials and resources provided by local health agencies. Given the dynamic nature of the COVID-19 pandemic, each SESI Health and Safety Plan incorporates enough flexibility to adapt to changing conditions.

The Health and Safety Plan below focuses on required professional learning and communications to ensure all stakeholders are fully informed and prepared for a local phased reopening of SESI's school facilities and programs. SESI's Health and Safety Plans follow a rigorous review and approval process and must be posted on each school or program's website prior to the reopening of school. All SESI Health and Safety plans give consideration to the adoption of new policies or the modification of existing policies where necessary to effectively implement the plan.

Each SESI school or program will monitor their Health and Safety Plan throughout the year and update as needed. All revisions will follow the same review and approval process as the original plan document and then be posted on the school or program's website.

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Sierra School of Sacramento Upper- Health and Safety Plan

- All decision-makers should be mindful that if there are cases of COVID-19 in the community, there are no strategies that can eliminate transmission risk within a school population. The goal is to keep transmission as low as possible to safely continue school activities. On July 9, 2021, the Centers for Disease Control and Prevention (CDC) published its updated recommendations for K-12 schools. The following guidance applies CDC's recommendations to the California context, in order to help SESI schools formulate and implement plans for safe, successful, and full in-person instruction in the 2021-22 school year. All school activities must also be informed by the local district and/or county recommendations, state educational department guidance and take into account SESI's parent and staff survey input, where applicable and to the extent possible. Further all SESI Health and Safety Plans should align with SESI's "Reopening Our Schools During COVID-19 Guidebook." Please note that a separate **Continuation of Learning Plan (COL)** approved by SESI's Academic, Curriculum and Instruction team, Behavior Management Team, as well as SESI's President can be provided in addition to this Health and Safety Plan.

Additional resources that were consulted:

- [Guidance for COVID-19 Prevention in K-12 Schools | CDC](#)
- [Science Brief: Options to Reduce Quarantine for Contacts of Persons with SARS-CoV-2 Infection Using Symptom Monitoring and Diagnostic Testing | CDC](#)
- [Vaccine Verification for Workers in Schools](#)

SESI administration has categorized reopening into three broad phases: red, yellow, or green. These designations provide a common language of how our schools will safely re-open:

- **The Red Phase:** Schools and programs remain closed for in-person instruction and all instruction is provided via remote learning. *Note that because this plan is a "reopening" plan, there is no discussion of activities or actions in **The Red Phase.***
- **The Yellow Phase:** Schools and programs remain committed to in-person instruction, but are temporarily partially or fully closed in order to quarantine for the safety of the school community.
- **The Green Phase:** Schools and programs open for in-person instruction for all students.



SESI schools will move between **The Yellow Phase** and **The Green Phase** in response to positive Covid-19 cases within the school community. When schools are in **The Yellow Phase**, every effort will be made to maintain continuity in learning engagement through various methods including the delivery of learning materials to student homes and accessibility of staff via online learning platforms. In some cases, the school year may be extended to ensure proper adherence to the full school year. Calendars will be adjusted on a case-by-case basis.

The below Health and Safety Plan documents Sierra School of Sacramento Upper's plan to operate school with a commitment to in-person learning, maintain safety for students and staff, secure its facility in compliance with local and national health guidance, communicate with stakeholders (students, parents, staff, school-district members, local agencies, etc.), and the process for updating the plan to ensure continued safety for all stakeholders. Each Health and Safety Plan section is guided by a set of key questions for consideration.

Pandemic Coordinator/Team

SESI has identified a national Reopening (Pandemic) coordinator and team with defined roles and responsibilities for health and safety preparedness and response planning during the phased reopening of schools. The team will be responsible for working with local school teams in order to facilitate the planning process and monitor implementation of the local Health and Safety Plans. As well the full Pandemic Team in coordination with the local school and program teams, will continue to monitor local health data to assess implications for school operations and potential adjustments to the Health and Safety Plan throughout the school year. The Reopening (Pandemic) team exists to ensure a comprehensive plan that reflects the considerations and needs of every stakeholder at Sierra School of Sacramento Upper.

Reopening (Pandemic) Team

- **Pandemic Crisis Response Team:** Individual will play a role in within-year decision making regarding response efforts in the event of a confirmed positive case or exposure among staff and students; or
- **Pandemic Plan Development Team:** Individual will play a role in drafting the Health and Safety Plan
- **Both (Plan Development and Response Team):** Individual will play a role in drafting the plan and within-year decision making regarding response efforts in the event of confirmed positive case.

Individual(s)	Stakeholder Group Represented	Pandemic Team Roles and Responsibilities (Options Above)
Dave Wood	SESI School's Pandemic Coordinator	Pandemic Crisis Response Team
Andrea Vargas	SESI School's President	Pandemic Crisis Response Team
Patrick Shevlin	SESI School's Business Analyst	Pandemic Crisis Response Team

Dr. Grace Losada	Regional Vice President	Plan Development and Response Team
Tina Crivelli	Regional Director	Plan Development and Response Team
Colleen Campbell	Program Director	Plan Development and Response Team

Key Strategies, Policies, and Procedures

The action plan templates on the following pages provide a thorough plan for each of the required domains of a successful reopening and aligns with SESI’s “Reopening Our Schools During COVID-19 Guidebook.”

The foundational principle of this guidance is that all students must have access to safe and full in-person instruction and to as much instructional time as possible. In California, the surest path to safe and full in-person instruction at the outset of the school year, as well as minimizing missed school days in an ongoing basis, is a strong emphasis on the following: vaccination for all eligible individuals to get COVID-19 rates down throughout the community; universal masking in schools, which enables no minimum physical distancing, allowing all students access to full in-person learning, and more targeted quarantine practices, keeping students in school; and emphasis on robust COVID-19 testing as an additional safety layer. Recent evidence indicates that in-person instruction can occur safely without minimum physical distancing requirements when other mitigation strategies (e.g., masking) are fully implemented. This is consistent with CDC K-12 School Guidance.

For each domain of the Health and Safety Plan, a detailed summary describes the key strategies, policies, and procedures Sierra School of Sacramento Upper will employ to satisfy the requirements of the domain. The domain summary provides a description of the efforts the school will take to ensure health and safety of every stakeholder in its local education community. Thus, the summary is focused on the key information that staff, students, and families require to clearly understand the local plan for the phased reopening of the school or program. The key questions are used to guide our domain summaries.

Each requirement within each domain documents the following:

- **Action Steps under Yellow Phase:** The discrete action steps required to prepare for and implement the requirement under the guidelines outlined for schools and programs in **Yellow Phase**. The discrete action steps for each requirement in sequential order.

- **Action Steps under Green Phase:** The specific adjustments the school will make to the requirement during the time period the school or program is designated as in **Green Phase**.
- **Lead Individual and Position:** Lists the person(s) responsible for ensuring the action steps are fully planned and the school system is prepared for effective implementation.
- **Materials, Resources, and/or Supports Needed:** Lists any materials, resources, or support required to implement the requirement.
- **Professional Development (PD) Required:** Identifies, if any, the professional development required to implement this plan effectively for staff, students, families, or other stakeholders.

In the following tables, an asterisk (*) denotes a mandatory element of the plan. All other requirements are highly encouraged to the extent possible.

Vaccinations

Key Questions

- Are there vaccination requirements for staff?
- What if staff is unvaccinated or partially vaccinated?

Summary of Responses to Key Questions:

All K-12 schools, according to the CDPH, must verify vaccine status of all workers. Records of vaccination verification must be made available, upon request, to the local health jurisdiction for purposes of case investigation.

Workers who are not fully vaccinated, or for whom vaccine status is unknown or documentation is not provided, must be considered unvaccinated. Asymptomatic unvaccinated or incompletely vaccinated workers are required to undergo diagnostic screening testing at least once weekly.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* The school will verify the vaccination status of all staff according to the order set forth by the CDPH.	The school will document the vaccination status of all staff. If a staff member is partially or unvaccinated, they will be required to undergo weekly diagnostic screening testing as outlined by the CDPH.	The school will document the vaccination status of all staff. If a staff member is partially or unvaccinated, they will be required to undergo weekly diagnostic screening testing as outlined by the CDPH.	Colleen Campbell, Program Director	TBD	

Universal Mask Wearing

Key Questions

- What is universal mask wearing?
- What are the benefits of universal mask wearing?

Summary of Responses to Key Questions:

Universal mask wearing is the practice of having all stakeholders, regardless of vaccination status, wear a mask while indoors.

Masks are one of the most effective and simplest safety mitigation layers to prevent in-school transmission of COVID-19 infections and to support full time in-person instruction in K-12 schools. SARS-CoV-2, the virus that causes COVID-19, is transmitted primarily by aerosols (airborne transmission), and less frequently by droplets. Physical distancing is generally used to reduce only droplet transmission, whereas masks are one of the most effective measures for source control of both aerosols and droplets. Therefore,

masks best promote both safety and in-person learning by reducing the need for physical distancing. Additionally, under the new guidance from the CDC, universal masking also permits modified quarantine practices under certain conditions in K-12 settings, further promoting more instructional time for students.

Finally, this approach takes into account a number of key considerations: current unknowns associated with variants and in particular the Delta Variant, which is more transmissible; operational barriers of tracking vaccination status in order to monitor and enforce mask wearing; and potential detrimental effects on students of differential mask policies. Detrimental effects of differential mask policies include: potential stigma, bullying, isolation of vaccinated OR unvaccinated students, depending on the culture and attitudes in the school or surrounding community.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* All stakeholders, regardless of vaccination status, will wear masks indoors.</p>	<p>Students, staff and visitors are required to mask indoors, with exemptions per CDPH face mask guidance.</p> <p>Persons exempted from wearing a face covering due to a medical condition, must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.</p> <p>The school will provide masks to anyone who may arrive at school without one.</p>	<p>Students, staff and visitors are required to mask indoors, with exemptions per CDPH face mask guidance.</p> <p>Persons exempted from wearing a face covering due to a medical condition, must wear a non-restrictive alternative, such as a face shield with a drape on the bottom edge, as long as their condition permits it.</p> <p>The school will provide masks to anyone who may arrive at school without one.</p>	<p>Colleen Campbell, Program Director</p>	<p>PPE - masks, gloves, gowns, barriers</p> <p>Signage reminding of mask requirement</p>	<p>Covid-19 Safety Training</p>

Cleaning, Sanitizing, Disinfecting, and Ventilation

Key Questions

- How will you ensure the building is cleaned and ready to safely welcome staff and students?

- How will you procure adequate disinfection supplies meeting OSHA (Occupational Safety and Health Administration) and [CDC requirements for COVID-19](#)?
- How often will you implement cleaning, sanitation, disinfecting, and ventilation protocols/procedures to support staff and student safety?
- What protocols will you put in place to clean and disinfect throughout an individual school day?
- Which stakeholders will be trained on cleaning, sanitizing, disinfecting, and ventilation protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions:

To ensure the building is cleaned and ready to safely welcome back staff and students, professional cleaning services will be utilized following OSHA and CDC guidelines. Disinfecting supplies will be procured through SESI internal stockpiles and/or purchased through reputable 3rd party suppliers as needed. School leadership will also review the safety policies and materials for any custodial service provider(s) before allowing entry into the facility. The building will be cleaned daily. Protocols for cleaning and disinfecting throughout the school day will include wiping down shared surfaces after each use (i.e. bathroom fixtures, shared equipment, etc.) and periodic disinfecting of frequently touched surfaces (doorknobs, light switches, desks, tables, etc.). All staff will receive training on cleaning, sanitizing, and disinfecting procedures prior to resuming in-person services. Families will be provided with a copy of our Health and Safety Plans via email and the school website. Additionally they will receive a detailed outline of our cleaning, sanitizing, and disinfecting procedures.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)</p>	<p>Facility to undergo deep cleaning; staff to walkthrough facility and complete SESI internal checklist to prepare building; adequate stocks of cleaning supplies and PPE will be ordered/delivered before resuming in-person education; frequency of janitorial/cleaning and waste removal services to increase throughout phase; directors to speak with LLs about common area cleaning and confirm acceptable protocols; open windows and fans to be utilized for ventilation whenever weather permits; replace all HVAC filters with new HEPA filters; all contacted surfaces to be wiped down after use; bottled water and/or coolers to be used</p>	<p>Schools will continue to maintain adequate stocks of all PPE items; will also keep increased frequency for all cleaning and waste removal activity; windows/fans will continue to be used to help circulate fresh air; all contacted surfaces will be sanitized/disinfected after each use; continue with bottled water and/or coolers. All third-party cleaning contractors will acknowledge that services will follow CDC guidance for appropriately cleaned schools using appropriate supplies and processes.</p>	<p>Colleen Campbell, Program Director</p>	<p>PPE - masks, gloves, gowns, barriers</p> <p>Cleaning products Hand soap/sanitizer Paper products Water bottles/coolers</p> <p>Signage for any cleaning supply warnings or required instructions</p> <p>Professional cleaning services agreements (if not using in-house janitorial staff)</p> <p>Cleaning protocols acknowledgment for third party vendors.</p>	<p>Yes (Safely Cleaning and Disinfecting at Work)</p>

instead of shared drinking fountains; walkie communication will be utilized to determine availability of bathroom facilities prior to entering common area (hallway). All third-party cleaning contractors will acknowledge that services will follow CDC guidance for appropriately cleaned schools using appropriate supplies and processes.

Other Safety Protocols

Key Questions

- How will classrooms/learning spaces be organized to mitigate spread?
- How will you group students with staff to limit the number of individuals who come into contact with each other throughout the school day?
- What policies and procedures will govern use of other communal spaces within the school building?
- How will you utilize outdoor space to help meet safety needs?
- What hygiene routines will be implemented throughout the school day?
- How will you adjust student transportation to meet social distancing requirements, if applicable?
- What visitor and volunteer policies will you implement to mitigate spread?
- Will any of these social distancing and other safety protocols differ based on age and/or grade ranges?

- Which stakeholders will be trained on social distancing and other safety protocols? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions:

Masks are one of the most effective and simplest safety mitigation layers to prevent in-school transmission of COVID-19 infections and to support full time in-person instruction in K-12 schools. SARS-CoV-2, the virus that causes COVID-19, is transmitted primarily by aerosols (airborne transmission), and less frequently by droplets. Physical distancing is generally used to reduce only droplet transmission, whereas masks are one of the most effective measures for source control of both aerosols and droplets. Therefore, masks best promote both safety and in-person learning by reducing the need for physical distancing.

Communal space will be cleaned in between use. Outdoor space will be utilized as much as possible for instructional time and other activities. Monitored and scheduled handwashing/sanitizing for students will be implemented. To the extent possible, visitors and volunteers will be limited to virtual access.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Universal masking while indoors. Adults and students are required to mask indoors, with exemptions per CDPH face mask guidance.</p>	<p>According to CDC guidelines, social distancing is not necessary as long as universal masking is practiced. If any individual is unable to wear a mask or other protective gear, social distancing will be practiced indoors.</p>	<p>. According to CDC guidelines, social distancing is not necessary as long as universal masking is practiced. If any individual is unable to wear a mask or other protective gear, social distancing will be practiced indoors.</p>	<p>Tina Crivelli, Regional Director</p> <p>Colleen Campbell, Program Director</p>	<p>Signage and/or tape</p> <p>Extra masks for individuals who may not have one upon arriving at school.</p> <p>Plexiglass barriers</p>	<p>Yes (Policy and Procedure of Reopening)</p>
<p>* Restricting the use of cafeterias and other congregate settings, and serving meals in alternate settings such as classrooms</p>	<p>All student meals to be served in outdoor classroom areas if weather permits during this phase; meals will be prepared/served by designated employees; same employee will remove all debris once finished; usage of cafeterias and/or other large common spaces to be prohibited.</p> <p>Communal space will be used by one student cohort at a time and cleaned in-between each use. Outdoor space will be used to the extent possible.</p>	<p>Lunchroom and other large common spaces to be re-opened with restrictions on capacity; seating arrangements to be re-arranged to accommodate social distancing to the extent possible. Communal spaces will be cleaned after each use.</p>	<p>Colleen Campbell, Program Director</p>	<p>Signage for closed areas/rules for using communal spaces.</p> <p>Social distancing and traffic flow tape/dots/signs</p> <p>Signage for required cleaning</p>	<p>Yes (Policy and Procedure of Reopening)</p>

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Hygiene practices for students and staff including the manner and frequency of hand-washing and other best practices	Teachers to introduce proper frequency and cleaning/hygiene techniques (coughing, sneezing, restroom, etc.) in classroom and schedule regular "checkups" into lesson plans; token economy/behavior expectation systems will be modified to reward student compliance	Teachers to continue incorporating health and hygiene into schedules and lesson plans and scheduling routine check-ups; token-economy/behavior expectation system modifications to remain in place	Colleen Campbell, Program Director Classroom Leads/Certified Teachers	Hand soap/sanitizer Paper products Signage for proper washing of hands in bathroom or other locations	Yes (Proper Handwashing; Safe Cleaning and Disinfecting at Work)
* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs	Signage will be utilized to reinforce safety protocols, hygiene technique, spacing, hallway circulation, etc.; signage will be ordered/created and clearly posted in all rooms and appropriate school locations before reopening schools	Signage for reinforcement of safety protocols, hygiene technique, spacing hallway circulation, etc. to remain in place; signage for spacing to allow social-distancing and hallway/classroom circulation to be adapted to accommodate larger capacity and new distancing guidelines. Signage will be updated/ordered and clearly posted in all rooms and appropriate school locations before entering this phase.	Colleen Campbell, Program Director	Signage and/or tape/dots/sign for spacing and social distancing Signage for any other protocols of safety throughout building.	Yes (Policy and Procedures of Reopening)

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Identifying and restricting non-essential visitors and volunteers</p>	<p>Essential vendors/visitors have been identified and safety protocols must be acknowledged upon arrival at the school; All visitors will follow SESI's COVID-19 screening protocols. All meetings to be by-appointment-only during this phase; essential visitor sign-in sheets to be managed at front desk; each facility will designate a visitor sign in/waiting area and a delivery zone separate from primary entrance (to the extent possible); all deliveries to be properly sanitized before leaving delivery zone. All meeting spaces, delivery zones and visitor waiting areas to be cleaned in-between use.</p>	<p>Walk-in visitors allowed, but must sign-in and complete an acknowledgment of and submit to SESI's screening protocol; visitor waiting areas, meeting rooms and delivery zone(s) continue with same cleaning procedures between each use;</p>	<p>Colleen Campbell, Program Director</p>	<p>Sign-in log Cleaning Supplies/Paper Products Hand Sanitizer Acknowledgement of SESI COVID-19 protocols.</p>	<p>Yes (Policy and Procedures of Reopening)</p>

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Handling sporting activities for recess and physical education classes consistent with the CDC Considerations for Youth Sports</p>	<p>Physical education and recess activities will take place outside, to the extent possible, within same cohort or on an individualized basis. Permissible recess and PE activities will be enumerated to promote adherence to social distancing. Equipment used during recess or PE will be cleaned between each use and will not be shared between students.</p>	<p>Physical education and recess activities will take place outside, to the extent possible, within same cohort or on an individualized basis. Permissible recess and PE activities will continue to support social distancing. Loosen restrictions on shared equipment if necessary but continue being mindful of disinfecting/sanitizing after use.</p>	<p>Colleen Campbell, Program Director</p> <p>Tina Crivelli, Regional Director</p>	<p>Signage about use of spaces for recess/physical education</p> <p>Signage related to cleaning of any gym supplies and instructions for not-sharing.</p> <p>Additional equipment where needed</p> <p>Cleaning supplies/paper products</p>	<p>Yes (Policy and Procedures of Reopening)</p>

Monitoring Student and Staff Health

Key Questions

- How will you monitor students, staff, and others who interact with each other to ensure they are healthy and not exhibiting signs of illness?
- Where, to whom, when, and how frequently will the monitoring take place (e.g. parent or child report from home or upon arrival to school)?
- What is the policy for quarantine or isolation if a staff, student, or other member of the school community becomes ill or has been exposed to an individual confirmed positive for COVID-19?
- Which staff will be responsible for making decisions regarding quarantine or isolation requirements of staff or students?
- What conditions will a staff or student confirmed to have COVID-19 need to meet to safely return to school? How will you accommodate staff who are unable or uncomfortable to return?
- How will you determine which students are willing/able to return? How will you accommodate students who are unable or uncomfortable to return?
- When and how will families be notified of confirmed staff or student illness or exposure and resulting changes to the local Health and Safety Plan?
- Which stakeholders will be trained on protocols for monitoring student and staff health? When and how will the training be provided? How will preparedness to implement as a result of the training be measured?

Summary of Responses to Key Questions:

All individuals entering the building will comply with the health screening procedures described in the SESI “Reopening Our Schools During COVID-19 Guidebook” to identify signs of illness. To the extent possible, symptomatic students will wait outside with staff for pickup. If weather does not permit, students will wait, with staff, in the designated “quarantine area”. Parents will be sent written information concerning the importance of screening their child’s health at home and adhering to policies concerning length of time symptomatic children should be kept at home. The policy for quarantine/isolation will follow the guidelines delineated in the SESI “Reopening Our Schools During COVID-19 Guidebook”. The Program Director will be responsible for making decisions regarding quarantine or isolation requirements in partnership with senior Regional Management and SESI’s Human Resources department. Virtual learning will be offered to students who are unable or uncomfortable to return.

Symptomatic staff will be sent home. The policy for quarantine/isolation will follow the guidelines presented by CDPH as follows:

Recommendations for staying home when sick and getting tested:

1. Follow the strategy for Staying Home when Sick and Getting Tested from the CDC.
2. Getting tested for COVID-19 when symptoms are consistent with COVID-19 will help with rapid contact tracing and prevent possible spread at schools.
3. Advise staff members and students with symptoms of COVID-19 infection not to return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms
 - a. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and
 - b. Other symptoms have improved; and
 - c. They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.
4. Quarantine recommendations for vaccinated close contacts
 - a. For those who are vaccinated, follow the CDPH Fully Vaccinated People Guidance regarding quarantine.
5. Quarantine recommendations for unvaccinated students for exposures when both parties were wearing a mask, as required in K-12 indoor settings. These are adapted from the CDC K-12 guidance and CDC definition of a close contact.
 - a. When both parties were wearing a mask in the indoor classroom setting, unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet indoors) may undergo a modified 10-day quarantine as follows. They may continue to attend school for in-person instruction if they:
 - i. Are asymptomatic;
 - ii. Continue to appropriately mask, as required;
 - iii. Undergo at least twice weekly testing during the 10-day quarantine; and
 - iv. Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.
6. Quarantine recommendations for: unvaccinated close contacts who were not wearing masks or for whom the infected individual was not wearing a mask during the indoor exposure; or unvaccinated students as described in #5 above.
 - a. For these contacts, those who remain asymptomatic, meaning they have NOT had any symptoms, may discontinue self-quarantine under the following conditions:
 - i. Quarantine can end after Day 10 from the date of last exposure without testing; OR
 - ii. Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative.

- b. To discontinue quarantine before 14 days following last known exposure, asymptomatic close contacts must:
 - i. Continue daily self-monitoring for symptoms through Day 14 from last known exposure; AND
 - ii. Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds) through Day 14 from last known exposure.
- c. If any symptoms develop during this 14-day period, the exposed person must immediately isolate, get tested and contact their healthcare provider with any questions regarding their care.

The Program Director will be responsible for making decisions regarding quarantine or isolation requirements and temporary related partial or full school closures in partnership with Senior Regional Management and SESI's Human Resources department. SESI's human resources department will be consulted to accommodate staff who are unable or uncomfortable to return to work.

A letter will be sent, drafted in conjunction with local Health Department guidance, to inform families of confirmed staff or student illness or exposure and the schools recommended response.

All Sierra School of Sacramento Upper employees will be trained on the protocols for screening, tracking, and interpreting student and staff health information during the orientation/reorientation one week prior to school reopening.



Specialized Education

SERVICES, INC.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>* Monitoring students and staff for symptoms and history of exposure</p>	<p>All students, staff, and visitors will acknowledge and submit to SESI's screening procedures; staff members to be trained to screen to signs and symptoms of COVID-19, as well as how to interpret and track results; increase outreach to parents (calls, questionnaires, etc.) to help them monitor students' off-hours; HR to support staff off-hours</p>	<p>All students, staff, and visitors to continue acknowledging and submitting to SESI's screening procedures.</p>	<p>Colleen Campbell, Program Director</p> <p>Social Worker (if app)</p>	<p>Thermometer</p> <p>Pulse oximeter</p> <p>Screening guidelines and checklist</p> <p>Screening resources</p>	<p>Yes (Health-Check Screenings)</p>

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Isolating or quarantining students, staff, or visitors if they become sick or demonstrate a history of exposure	All individuals are encouraged to stay home if feeling ill; every school will designate a room within the building as its "quarantine zone" to be used for any individuals feeling sick or showing symptoms after following SESI's screening protocols; access to this room will be limited to healthcare professionals (nurse) and/or a singular school staff member; full-body PPE to be provided for use with any potentially contaminated individuals. Quarantine area to be cleaned after each use.	All individuals still encouraged to remain home if not feeling well; continue use of "quarantine zone" following SESI's screening protocols. Quarantine area to be cleaned after each use.	Colleen Campbell, Program Director	PPE - face shields; gowns; gloves Screening procedures and materials Cleaning supplies/paper products Signage for quarantine area cleaning.	Yes (Policy and Procedures of Reopening)
* Returning isolated or quarantined staff, students, or visitors to school	Any individual with a COVID-19 diagnosis or who have been quarantined by the school due to symptoms and/or exposure to confirmed cases will be required to provide a doctor's clearance to return to work before reentering the facility	Any individual with a COVID-19 diagnosis or who's been quarantined by the school due to symptoms and/or exposure to confirmed cases will be required to provide a doctor's clearance to return to work before reentering the facility	Colleen Campbell, Program Director	File for return to work doctor's clearance	Yes (Policy and Procedures of Reopening)

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
<p>Notifying staff, families, and the public of school closures and within-school-year changes in safety protocols</p>	<p>Directors will notify local officials (PD, FD, health, etc.) of intent to re-open prior to resuming classes after any period of closure; based on the State Department of Health’s recommendation, schools may partially or fully close temporarily if any students/staff contract COVID-19; facility will be deep cleaned again and contact tracing will commence in concert w/local officials; In the event the Health Department does not recommend closing school if there is a positive case of COVID-19, the school or affected area will be immediately closed and deep-cleaned and contact tracing will commence in concert w/local officials; any within-school-year changes in safety protocols will be emailed to staff, families and other stakeholders, including an updated Health and Safety Plan. Updates will also be provided on the school’s webpage.</p>	<p>The intent is to maintain student access to safe in-person instruction. In an abundance of caution, schools may partially or fully close temporarily if any students/staff contract COVID-19; facility will be deep cleaned again and contact tracing will commence in concert w/local officials; In the event the Health Department does not recommend closing school if there is a positive case of COVID-19, the school or affected area will be immediately closed and deep-cleaned and contact tracing will commence in concert w/local officials; any within-school-year changes in safety protocols will be emailed to staff, families and other stakeholders, including an updated Health and Safety Plan. Updates will also be provided on the school’s webpage.</p>	<p>Colleen Campbell, Program Director</p>	<p>Letter templates for notification</p>	<p>Yes (Policy and Procedures of Reopening)</p>

Other Considerations for Students and Staff

Key Questions

- What is the local policy/procedure regarding face coverings for staff? What is the policy/procedure for students?
- What special protocols will you implement to protect students and staff at higher risk for severe illness?
- How will you adequately stage the program and ensure you are prepared in the event of staff illness?
- How will you strategically deploy instructional and non-instructional staff to ensure all students have access to quality learning opportunities, as well as supports for social emotional wellness at school and at home?

Summary of Responses to Key Questions:

Universal mask wearing will be practiced for all school stakeholders. Any students and/or staff who fall into one of the “high-risk” categories will be encouraged to remain home and temporarily continue with distance learning (where capable) until COVID-19 risk is mitigated. Curriculum specialists have developed a robust virtual/remote learning experience for these students. SESI’s human resources department will accommodate staff member needs on a case-by-case basis. Sierra School of Sacramento Upper will work to maintain a “float” workforce which aligns with regulatory requirements in addition to operating objectives; they will consult with Senior Regional Leadership about ensuring adequate staffing in the event of prolonged staff illnesses or leaves of absence.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Protecting students and staff at higher risk for severe illness	If the school must partially or fully close temporarily, all students will be given the option to learn virtually. Proper accommodations will be made for all high-risk employees. All staff will be required to wear face coverings. Additional PPE will be available for high-risk staff or those requesting additional protection. Students will be required to wear face-coverings when able to do so.	Continue to make appropriate accommodations for all high-risk individuals. Continue to require face coverings for staff and provide additional PPE as requested. Students will be required to wear face-coverings when able to do so.	Tina Crivelli, Regional Director Colleen Campbell, Program Director HR Team	PPE – masks, gowns, face shields, barriers	Yes (Policy and Procedures of Reopening)
* Use of face coverings (masks or face shields) by all staff	Use of facial coverings will be mandatory for all staff and essential visitors inside the facility during this phase. Staff will be expected to provide their own appropriate face coverings, with backups made available by the school.	Use of facial coverings will continue to be mandatory for all staff and visitors inside the facility during this phase	Tina Crivelli, Regional Director Colleen Campbell, Program Director	PPE - masks; face shields	Yes (Mask Wearing 101; Do's and Do Not's of Wearing a Mask))



Specialized Education

SERVICES, INC.

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
* Use of facial coverings will be required when an individual is able.	Use of facial coverings will be required when an individual is able.	Use of facial coverings will be required when an individual is able.	Colleen Campbell, Program Director	PPE - masks; face shields	Yes (Mask Wearing 101; Do's and Do Nots of Wearing a Mask))
Unique safety protocols for students with complex needs or other vulnerable individuals	Additional PPE, such as face shields, gloves, and gowns, will be utilized whenever possible before making physical contact with students. Staff will engage in ProAct Transportation and Physical Management Techniques in strict adherence with any guidelines related to the need to increase physical distancing, health, and safety as a result of the potential to increase the spread of an infectious disease.	Additional PPE, such as face shields, gloves, and gowns, will be utilized whenever possible before making physical contact with students. Staff will engage in ProAct Transportation and Physical Management Techniques in strict adherence with any guidelines related to the need to increase physical distancing, health, and safety as a result of the potential to increase the spread of an infectious disease.	Colleen Campbell, Program Director	ProAct Equipment and PPE.	Yes (Policy and Procedures of Reopening)

Requirements	Action Steps under Yellow Phase	Action Steps under Green Phase	Lead Individual and Position	Materials, Resources, and or Supports Needed	PD Required (Y/N)
Strategic deployment of staff	To the extent possible, staff will remain within their cohorts/assigned classrooms to minimize contact between cohorts. During prolonged periods of staff illness, Program Director and Regional leadership will ensure adequate staffing through “float” staff and hiring of additional highly qualified staff.	To the extent possible, staff will remain within their cohorts/assigned classrooms to minimize contact between cohorts. During prolonged periods of staff illness, Program Director and Regional leadership will ensure adequate staffing through “float” staff and hiring of additional highly qualified staff.	Colleen Campbell, Program Director	Substitute resources/recruiting options	Yes (Policy and Procedures of Reopening)

Health and Safety Plan Professional Development

The success of this plan for a healthy and safe reopening requires all stakeholders to be prepared with the necessary knowledge and skills to implement the plan as intended. Below is the school’s plan for professional development for each component of our re-opening.

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion/Date
Coronavirus 101	All Staff	PD Team	video	PDHub Module	8/16/2021	8/23/2021
Proper Handwashing	All Staff	PD Team	video	PDHub Module	8/16/2021	8/23/2021
Do’s and Don’ts of Wearing a Mask	All Staff	PD Team	video	PDHub Module	8/16/2021	8/23/2021

Topic	Audience	Lead Person and Position	Session Format	Materials, Resources, and or Supports Needed	Start Date	Completion/Date
Mask Wearing 101	All Staff	PD Team	video	PDHub Module	8/16/2021	8/23/2021
Safely Cleaning and Disinfecting at Work	All Staff	PD Team	video	PDHub Module	8/16/2021	8/23/2021
CDC COVID-19	All Staff	PD Team	video	PDHub Module	8/16/2021	8/23/2021
Return to Work Training Acknowledgment	All Staff	PD Team	video	PDHub Module	8/16/2021	8/23/2021
Health Check Screening Training	All Staff	Tina Crivelli, Executive Director	In-Person	Reopening Our Schools During COVID-19 guidebook	8/16/2021	8/23/2021
Policy and Procedures of Reopening	All Staff	Tina Crivelli, Executive Director	In-Person	Reopening Our Schools During COVID-19 guidebook	8/16/2021	8/23/2021

Health and Safety Plan Communications

Timely and effective family and caregiver communication about health and safety protocols and schedules are critical. Sierra School of Sacramento Upper will establish and maintain ongoing communication with local and state authorities to determine current mitigation levels in the community. This information will be used to communicate any needed changes to school schedules and protocols to all program stakeholders per the below framework.



Specialized Education

SERVICES, INC.

Topic	Audience	Lead Person and Position	Mode of Communications	Start Date	Completion Date
Health and Safety Plan changes	Districts, families, staff	Colleen Campbell Program Director	Email; website update	7/1/2020	9/16/2021
Monitoring student and staff health	Districts, families, staff, local health dept	Colleen Campbell Program Director	Email; phone calls	7/1/2020	9/16/2021
Schedule changes	Districts, families, staff	Colleen Campbell Program Director	Email; phone calls	7/1/2020	8/16/2021

Health and Safety Plan Summary: Sierra School of Sacramento Upper

Anticipated Launch Date: 8/24/2021

This will be posted on the school's webpage

Facilities Cleaning, Sanitizing, Disinfecting and Ventilation

Requirement(s)	Strategies, Policies and Procedures
<p>* Cleaning, sanitizing, disinfecting, and ventilating learning spaces, surfaces, and any other areas used by students (i.e., restrooms, drinking fountains, hallways, and transportation)</p>	<p>To ensure the building is cleaned and ready to safely welcome back staff and students, professional cleaning services will be utilized following OSHA and CDC guidelines.</p> <ul style="list-style-type: none"> • Disinfection supplies will be procured through company internal resources/stockpile and or procured through professional third parties who acknowledge enhanced cleaning requirements including sanitizing and disinfecting schools. • The building will be professionally cleaned daily. • Communal spaces, quarantine areas, visitor waiting areas and meeting rooms will be cleaned between each use and as part of overall daily cleaning of the facility. • Protocols for cleaning and disinfecting throughout the school day will include wiping down shared surfaces after each use (i.e. bathroom fixtures, shared equipment, etc.) and periodic disinfection of frequently touched surfaces (doorknobs, light switches, desks, tables, etc.). • All staff will receive training on cleaning, sanitizing, and disinfecting procedures prior to resuming in-person services.

Requirement(s)	Strategies, Policies and Procedures
	<ul style="list-style-type: none"> • Families will be provided with a copy of our Health and Safety Plans via school email and the school's website • Directors to confirm acceptable cleaning, sanitizing, and disinfection procedures for any 3rd party custodians • Directors to confirm acceptable cleaning, sanitizing, and disinfection procedures for common areas with landlord (where applicable)

Universal Mask Wearing and Other Safety Protocols

Requirement(s)	Strategies, Policies and Procedures
<p>* Universal mask wearing</p> <p>* Restricting the use of communal areas</p> <p>* Hygiene practices for students and staff including the manner and frequency of hand-washing and other best practices</p> <p>* Posting signs, in highly visible locations, that promote everyday protective measures, and how to stop the spread of germs</p> <p>* Handling sporting activities consistent with the CDC Considerations for Youth Sports for recess and physical education classes</p>	<ul style="list-style-type: none"> • All school stakeholders will be required to wear masks when indoors. • Schedules will be adjusted to limit traffic flow within the classroom to the extent possible. • Classrooms will remain with their cohort throughout the day, including meals, recess, PE. • Common area usage will be limited minimize exposure risk. • Hygiene protocols will be posted, taught, and implemented throughout the day and be incentivized through the programs token economy/behavior management systems • Visual aids will be posted to promote protective measures and traffic flow • Shared equipment will be cleaned after each use

Requirement(s)	Strategies, Policies and Procedures
<p>*Limiting the sharing of materials among students</p> <p>*Staggering the use of communal spaces and hallways</p> <p>*Adjusting attendance schedules to minimize risk of infection spread.</p> <p>*</p>	<ul style="list-style-type: none"> • Students will be provided with individual supplies (pencils, notebooks, texts, iPad, crayons etc.) when feasible • A building-wide schedule will be created to minimize interactions during transition in hallways

Monitoring Student and Staff Health

Requirement(s)	Strategies, Policies and Procedures
<p>* Monitoring students and staff for symptoms and history of exposure</p> <p>* Isolating or quarantining students, staff, or visitors if they become sick or demonstrate a history of exposure</p> <p>*Returning isolated or quarantined staff, students, or visitors to school</p> <p>* Notifying staff, families, and the public of school closures and within-school- year changes in safety protocols</p>	<ul style="list-style-type: none"> • All individuals entering the building will be asked health screening information to identify signs of illness, including staff, students, and visitors. Temperature screening will be utilized for any individuals entering the building. All screening activities will follow SESI Screening protocols. Any individuals exhibiting COVID-19 symptoms must follow CDC guidelines for isolation/testing before returning to the building. • Any person with a confirmed case of COVID-19 may return only when cleared by a medical professional. • Families and staff will be informed of confirmed staff or student illness or exposure through email or phone contact • Schools will be closed and reopened in consultation with local and state officials.

Other Considerations for Students and Staff

Requirement(s)	Strategies, Policies and Procedures
<p>* Protecting students and staff at higher risk for severe illness</p> <p>* Use of face coverings (masks or face shields) by all staff</p> <p>* Use of face coverings (masks or face shields) by students (as appropriate)</p> <p>* Unique safety protocols for students with complex needs or other vulnerable individuals</p> <p>* Strategic deployment of staff</p>	<ul style="list-style-type: none"> • Face coverings for staff will be required at all times within the building or when outside and closer than fifteen feet from another individual. • Students will be required to wear face-coverings when able to do so. • Additional PPE will be available for those in need and/or by request, especially when interacting with a sick staff or student. • Any students and/or staff who fall into one of the “high-risk” categories will be encouraged to remain home and continue with distance learning (where capable) until COVID-19 risk is mitigated. Curriculum specialists have developed a robust virtual/remote instruction plan for these students, and HR will accommodate staff member needs on a case-by-case basis. • SESI Program Directors and regional leadership will ensure adequate, high quality staff is in place during periods of prolonged staff illness and/or will make use of existing “float” staff.

Health and Safety Plan Governing Body Affirmation Statement

Specialized Education Services Inc's President and Regional Vice President of **Sierra School of Sacramento Upper** reviewed and approved the School Health and Safety Plan on 8/25/2021

Affirmed on: **8/25/2021**

By:

(Signature of President)

Andrea Vargas

(Print Name of President)

Affirmed on: **8/25/2021**

By:

(Signature of Regional Vice President)

Dr. Grace Losada

(Print Name of Regional Vice President)