

Sierra School of San Diego is excited to introduce their Broad-Based Educational Services & Therapies (B.E.S.T.) Model. The B.E.S.T. Model serves students with a range of development disabilities that impact functional communication and social skills: Autism Spectrum Disorder (ASD), Intellectual Disabilities, Multiple Disabilities, Down Syndrome, Angelman's Syndrome, and others. Our proprietary Verbal Behavior Programming utilizes Applied Behavior Analysis (ABA) strategies to improve language based social and leisure skills, build fine motor skills, reduce maladaptive behaviors, and generalize these skills in real-life situations.

The B.E.S.T. team consists of Certified Special Education Teachers (Moderate/Severe), Behavior Support Providers, School Counselors, Occupational Therapists, Physical Therapists, and Speech-Language Pathologists as needed. Please see below to meet two exceptional members of this team!



Sabrina Chase

Sabrina Chase knew that she wanted to be a Special Education teacher from the minute she began working as a peer tutor at age 15. While pursuing her degree in Sociology at California Lutheran University, Ms. Chase worked as an intern in the Center for Equality and Justice, advocating for increased inclusion of the disability community within postsecondary education. She completed her senior thesis on family supports of children with disabilities. She received certification as a Registered Behavior Technician (RBT) and Applied Behavioral Analysis Technician (ABAT) while working as a Behavior Interventionist, before becoming a substitute teacher for special education classrooms. Ms. Chase earned her teaching credential in Moderate/Severe Special Education at San Diego State University and is excited to begin her master's program in Reading Instruction. She is thrilled to be part of the Sierra family and grateful for her wonderful students. Go Wolfpack!



Catherine Corrado

Catherine Corrado, M.A., BCBA, has 7+ years of experience working in the field as a Behavioral Therapist, Inclusion Facilitator, Teaching Assistant, Registered Behavior Technician (RBT), and Behavior Specialist. She grew up with two older brothers who were diagnosed with ASD and thanks them for her passion, devotion, and heart to serve others. Catherine earned a Bachelor of Science in Kinesiology at Vanguard University and a Master of Arts in Applied Behavior Analysis at Arizona State University. She is motivated and excited to continue advocating and supporting students at Sierra School of San Diego.