

A Note From Mrs.C

By Mrs.
Colatta

Hello Wonderful Cap Students!

I know this is a crazy and confusing time; something we've never experienced before. I just wanted to take a quick second and let you know that *all* of your teachers and staff miss you and are thinking of you every. single. day. I

know it can be hard to do your classwork while you're at home, but please do your best ('gotta make sure your brains are staying sharp). We hope you are staying home, staying healthy, and washing your hands like crazy! Please be good, be smart, and be safe. We miss you very much and will see you next year.

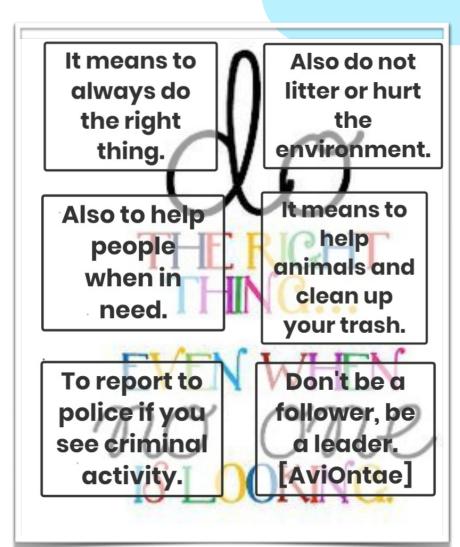


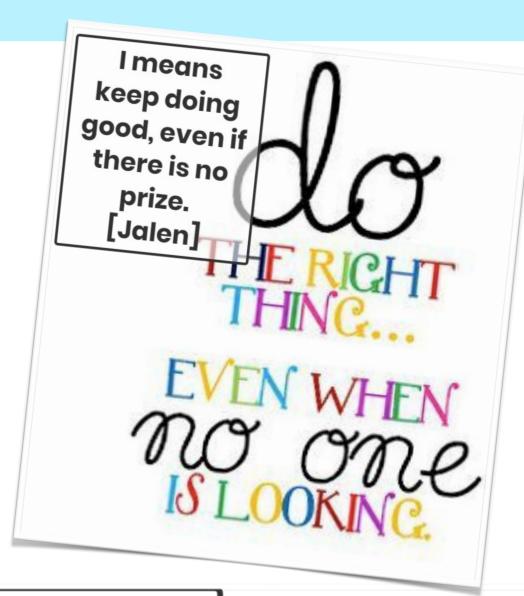
By Nakeem

Hi, my name is Nakeem Mcgraw and during the Conarvirus, times have been a little hard worrying about if I'm going to catch the virus or not. When I first heard of the virus I just thought that's nothing major and kind of close to the flu. So I'm going to be honest, I was still going outside - you know, cooling it with the guys, playing the game, and having fun telling jokes like usual. Then, when I heard about New York, I started taking it a little more seriously. So my family started to make these masks and I got one and started to wear it everywhere I went. I remember one time I went to the grocery store with my mom and these two older men were fighting over toilet paper because the one guy was buying a 24 pack and the older man wanted 12 and he wouldn't give it to him, so they argued for the longest time. I have been to the grocery store at least 10 times so far and we've been in and out buying lots of meat. And at home, I've been zooming my favorite teachers Ms. Fink and Mrs. G and they've been very helpful with me and supporting me to continue to do well and continue my education. And I've been basically cleaning the same stuff at home over and over again when it's already clean. I changed my room around at least 20 times, I can't even count. I wash my clothes so many times because I'm bored and just want to be active so my hobby while in the house is cleaning lol. I've been gaining weight from just staying in the house and eating and my blonde hair is growing. Hope you all stay safe and sick free.

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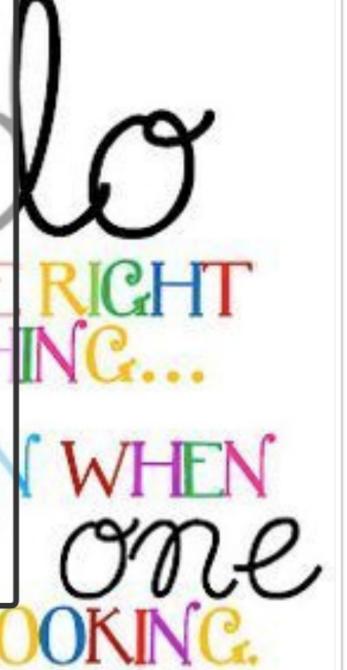
YOUR THOUGHTS





I think doing the right thing is always kind, Doing one to others as they would do to you. **Helping out** a peer. Doing the right thing and doing what your parents say. [chase]

This means you can be trusted. Just do the right thing so you can be trusted more. Do the right thing so you can be trusted to do more things. Just do the right thing so you don't get in trobule. Just do the right thing the first time. When the teacher tells you to do something, just do it the first time. Then she will let you do more things. [Jerome]

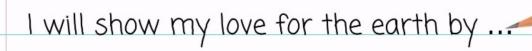


YOUR WORLD

How \mathcal{DO} you protect our world?

Il show my love for the earth by ...

...picking up trash,
recycling, not wasting
paper or pulling up grass.
Also, by making sure all
the animals and insects
can be safe and help the
environment. [Kwelib]



...paying attention to my surroundings of who is littering and who is throwing recyclables in the trash. I will correct them and pick up after them.

[TayShawn]





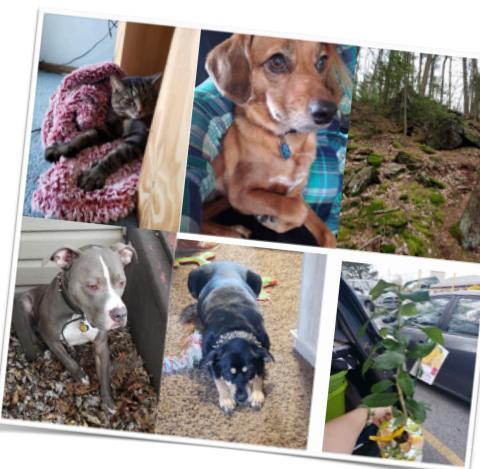
YOUR WORK



OUR FAMILY

A note from Mrs. Fink...

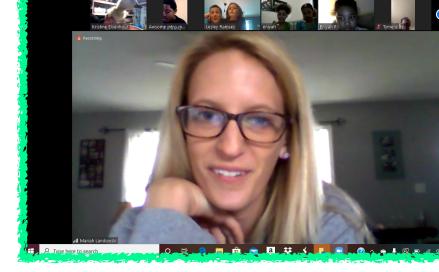
Hey Cap students! I hope you have been having a good time while out of school! Nobody expected this to happen and I think we all have been dealing with it well. I'm so proud of all of you for staying strong, home, and safe. There's a lot of crazy stuff going on but you guys are the superstars through it all:) Since we have been off, I have been trying to cook and bake all kinds of things! I just finished baking and decorating a 2 tier cake which is a first for me but also baked cookies, pies, and cupcakes. I have been cooking all kinds of goodies like baked mac and cheese, steaks, chicken, veggies, and LOTS of fruit smoothies. I have also started my own garden! I currently have cucumbers, carrots, broccoli, cauliflower, lettuce, tomatoes, peppers, rosemary, sage, catnip (for the kitty), and thyme. I even tried planting some sunflowers too! I also got a few really cool plants including a grapefruit and lemon tree! If the sun is out, I'm outside tending to the garden, fishing, hiking, and playing with all of my fur babies. Our 4 dogs are LOVING that we are home all of the time to play, snuggle, hear them bark, and walk with them. I also helped for a while to hand out lunches to students in my area so that they could have something to eat! I am missing being at school with you all and hope that someday soon I get to see you all again! Please make sure you are all safe, washing your hands and staying away from people, and most importantly taking this time to spend with your family and explore the world around you. Miss you all!!



A note from Mrs. L...

Hey Guys!!!

WOW, what a crazy few weeks it has been! I first want to say how proud I am of all of you for adapting to this new "school thing" and really putting in a lot of effort into your work! It is new to all of us, and you guys are killin' it! I also secretly love how much you all miss school, and we all know you just miss my levels But really, super proud and miss you all so much!! Just remember, we



are ALL in this together. We got this. Keep up the hard work. Stay safe and keep healthy, I will see you soon! #NOCAP

Pics: (I believe C has pictures of us zooming E with the chicks those are the good ones)

eat! I am missing being at school with you all and hope that someday soon I get to see you all again! Please make sure you are all safe, washing your hands and staying away from people, and most importantly taking this time to spend with your family and explore the world around you. Miss you all!!



"Here are my co-workers, the other one is too cool for school. These two don't leave this spot while I zoom." - Mrs. L